



The St Madoc Centre

TIME AND SPACE FOR EXPLORATION AND GROWTH



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So, you're lucky enough to be coming to stay at the St Madoc Centre?

Eeexcellent! We've put this short welcome pack together to give you some idea of what you might be getting up to, who you might be staying with and what kind of things you might be seeing.

But most importantly, hopefully we can give you an idea of how much fun you're going to have!

We can't wait to see you!

From everyone at the St Madoc Centre



enjoying ourselves at the St Madoc



my favourite activity was the archery!



The St Madoc Centre is a charitably run youth camp. This means that we're not in this for the money, we're in it to give everyone a good time! What we hope to do is give young people a new experience and get you all doing something that you maybe haven't done before.

To make sure we get you having fun and enjoying yourselves we do a huge amount of different activities, things like fire-lighting, pond dipping, dune sliding, archery, La Crosse... and plenty more!

All our games and activities are brilliant, and we're sure that you'll enjoy every last one of them!



the games in the woods were amaz



Romans and Vikings was brilliant!



What are the rooms like?

You'll be sleeping in rooms full of bunk beds, with up to 11 of your mates, you won't be sharing with anyone from a different school. The rooms all have their own showers and toilets, so you'll have no excuse not to stay lovely and clean!

All of our beds come with one pillow, you'll need to bring your own pillowcase, sleeping bag and a bed sheet.



*we got to sit with our friends at dinner
the food was delicious*



the rooms were lovely and comfortable



What will we be doing during your stay?

Enjoying yourselves mostly!

We do loads of different activities, games and challenges here at the St Madoc Centre, from things like Archery and fire-lighting to exciting new sports like Tchoukball and La Crosse. There might even be space in our amazingly hectic schedule for some free time, if you guys are lucky!

Just in case you might like more information than that... here's an example of what you might get up to if you spent three days with us:

	Morning	Afternoon
Day 1	Arrival and a tour around site, photo ID quiz	Running down sand dunes and beach fun and games!
Day 2	Shelter building and fire lighting	Archery, Music and Tchoukball
Day 3	La Crosse, Pond dipping and woodland games	Departure : (

If your school is coming for longer than three days, then we can do eeeeven more stuff!



Where is the St Madoc Centre?

We're smack bang on the most north western tip of the Gower Peninsular, which is only half an hour from Swansea. Gower is an amazing area, full of beautiful beaches, amazing views and spectacular wildlife. Whilst you're with us, hopefully you'll see only some of what Gower has to offer.

The Centre itself has playing fields, sand dunes, beaches, woodlands and heathland, all of which we'll be playing games in, on or through!



I loved running down the dunes, even though I fell over!



Toasting marshmallows was so good!



The St Madoc Team

Who's going to be looking after you whilst you're here?



Alison, the Boss.

Alison is the boss, she makes sure the Centre and it's staff are running smoothly, that activities start on time and in the right places, and that everyone's doing what they're supposed to.



Nathan, the Ranger

It's Nathan's job to entertain the young people that ~~stay~~ at the Centre. He runs the activities you'll all be taking part in, and makes the world's worst best jokes. To make up for the terrible puns Nathan is the BEST powerball player in the known universe.



Jan, the Office Ranger

Jan's job is largely office based. She makes sure that the school groups that come and stay with us know what to bring, when to come and where we are! She also has to step in and help in the kitchen and with the school groups too!



Tim, the Animal Whisperer

Tim looks after the garden and the animals we have on site. He grows the fruit and vegetables for your dinner and looks after the chickens and geese. He also gets to help out with school groups, playing games and running around with the rest of us!



Abbie, the Musical Ranger

Abbie is the second half of the education team. It's her job to help Nathan you guys, as well as make sure that everything happens when and where it's supposed to. Abbie is a brilliant musician and is also pretty good at making stuff too!



Rob, the Caretaker

Something broken? Rob'll fix it. Grass need mowing? Rob'll cut it. Biscuits need eating? He'll do that to. Rob can be found all over the Centre, doing all sorts of things that help make sure that everything works properly.



Heather, the Chef

Everything that you eat during your stay with us will have been cooked by Heather. She works incredibly hard to make sure all of her food is really tasty, because we all know, brilliant food is part of what makes the St Madoc Centre so much fun.



Jeung-Hye, the Kitchen Ranger

It takes more than one person to prepare food for so many people, and that's where Jeung Hye comes in! She helps Heather in the kitchen, preparing all the yummy food. She also, with Rob's help, somehow finds time to clean the dormitories!



So... What will you need? All of these things!

- Sleeping bag or a duvet (if you bring a duvet you may want to bring a bed sheet as well)
- Pillow case
- Clothes for the duration of your stay, including pyjamas (with extras just in case)
REMEMBER! if you bring brand new clothes they could get dirty!
- Waterproofs or a warm coat and a woolly hat, depending on the time of year
- Spare trainers and wellies (just in case one pair gets wet/muddy)
- Toiletries (Toothpaste, toothbrush, soap, shampoo, combs or brushes)
- Any medication you require, like inhalers or insulin. (please inform our staff and your teachers that you have medication with you. There is a fridge to keep medication cooled if required)
- Towels and a wash cloth (preferably older towels in case they get left behind)
- Waterproof sun block and a sun hat
- Torch/Spare batteries
- Re-usable water bottle



*I got to know my friends
so much better*



The beach was amazing!

There's not really any phone signal at the St Madoc Centre, if you bring your phone it probably won't work. Unless you have a very important reason to bring your phone, leave it safely at home! (Most schools tell their pupils not to bother bringing a phone with them at all)

We look forward to meeting you!



Quotes from teachers and pupils who have visited the St Madoc Centre

Quotes from Children

The rice pudding was the best I have ever had, it was cracking!

'I enjoyed every single bit about the residential, mostly your hospitality'

'I loved the food, especially the rice pudding and the sausages'

'Thank you for the great experience'

'We loved being outside and enjoyed all the activities'

'The cooks and the food were brilliant'

'I want to come back again, it was brill'

'I loved it down there, it was the best residential I have ever had'



Quotes from teachers

'A superb experience for all the children'

-A Swansea teacher

'Some of the best facilities I have taken a group to, and the staff were lovely'

-A Swansea teacher

'I still have 20+ years old former pupils telling me how they remember going away and what lovely memories they have of their week. They very rarely remember much else. That is the impact of your work, it can change a life, change an attitude, develop a dream, inspire a community'.

-Cardiff Head Teacher